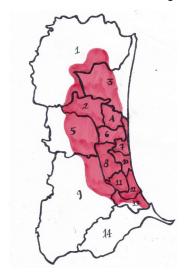
# newlife communitycare



### Another refrigerated delivery and food rescue van!

We have been lucky enough to have added a fourth van to our fleet of vehicles. Our vans and trucks work from our base in Arundel and are on the road from Palm Beach to Jacobs Well servicing needy families in many council divisions. With no government funding, donations and volunteers are vital to this service continuing. We thank all those individuals from within our community who have donated and contributed to making this possible.

Two very large foodbarns closed their doors last year due to the rising costs involved. We now find ourselves servicing a far wider area on the coast. The map below shows where our clients are coming from.



#### **Helensvale Community Golf Club**

Once again Helensvale Golf Club exceeded themselves by running a Charity Golf Day for our benefit on Sunday 8th November. It was a beautiful day with a great turn out. Our sincere thanks goes to the Club and its owners for hosting such a great event. In line with that, thanks also to **Sanctuary Cove Gold Club** for their donation of 4 games of golf.

These were auctioned off along with some other items and a whopping \$1160 was raised. Thanks to Leo too for his beautiful donation.

#### **Bunnings Arundel Sausage Sizzle**

We have been a steady presence at Bunnings and thoroughly enjoy our day out there. Thanks to all those wonderful tradies who stop for a chat and a sausage sizzle! And a huge thankyou to Bunnings for giving us the opportunity to hold our stall there.

### **Griffith University Mental Health and Well Being Day**

We had such a great day down at the Parkwood Campus hosting a sausage sizzle and educating students and visitors about the services we provide. Many were surprised to find that we existed and so close, just up the road at Arundel. For students of all kinds, making ends meet and struggling with the bills is a reality. A helping hand with a food parcel and/or reduced grocery bills can make a huge difference.

#### **Hungry Boaties**



Kristy and Pam from Griffith University Student Services with Tahlia and Chris from New Life

Recently our attention was drawn to the fact that some of our boaties are also struggling. We made a delivery from one of the docks to a very appreciative man. We can easily organize to deliver parcels to boat Our average food rescue per month is just over **30 tonnes!** 

That is... saved from landfill and redistributed

docks or piers, so if you know any one who would appreciate this service, then please let them know.

#### **Recent Partnerships**

We are also working closely with a few agencies at the moment who are supporting their clientele with food parcels. It is so good to get these calls of help and to be able to be of service.

#### **Other Donors**

There are a lot of people who make small but significant donations to us. Gold Coast Orthodontics Westfield has been a great support in donating some of their products for our parcels. Many individual people drop in bags of non perishable food they have purchased themselves... thankyou to you all. The Surfers Jewish Synagogue recently donated a large amount of food stock, while Coles Runaway Bay staff donated a pallet load of clothes they had individually gathered for us for distribution. We also continue to be an outlet for OzHarvest who continues to supply us with meals and other food items. It is fantastic to have a likeminded supporter here on the coast with us. We value their support and input.

Our volunteers work approximately **1700** hours a month! That's the equivalent of **\$35,000** in wages!

## The Humanitarian Value of Food Rescue

Many people think that hunger is about "I want more to eat."

But hunger is about so many other things — "Why can't I feed myself?" "Is it because my money doesn't cover all my bills?" "Is it because I can't cope?" "Is it because I am not good enough?" "Is it because I am stupid, hopeless, useless?"

Hunger can look like so many things: low self esteem, unemployment, mental health, gambling, even death. Hunger is widespread within our community whether we care to admit or not.

New Life Community Care and Foodbarn rescues good food that would otherwise be destined for waste or landfill. We sort it, package it and redistribute it to the people who really need it. New Life Community Care feeds approximately 7,000 Gold Coasters a month and we help over 13 charities and community groups in their support for vulnerable people.

We are constantly looking for support, from people in our community to businesses and organisations who can assist us in some way to fulfill our goals of providing assistance and support to those in need.

We need more money, we need more volunteers, we need more hands and we need more support.

So learn more, do more. Tell your friends, tell your colleagues. Get engaged and lend a hand. There would be so many people who would appreciate it.

It's easy to make a buck. It's a lot tougher to make a difference.

# SO... YOU'D LIKE TO DONATE?

By supporting New Life Community Care you are helping us to continue supporting those members of our community who are in need.

Please make your deposits to:

New Life Community Care Gift Fund BSB: 064 794 Acct: 100 24 379

We are a registered charity holding a DGR status with the Australian Taxation Office. If you require a receipt, please email advising your full name, address, contact details, date and amount of donation to: admin@newlife.org.au

we thank you so much for your generosity























